



HIKE & YOGA WITH BRUNCH

ROUTE:	Various
SEASON:	All Year
GROUP SIZE:	2 to 10 people
DISTANCE:	2 - 5 km approx
AGE:	From 8 years (under 16 to be with adult)
FITNESS LEVEL:	Low – Must be able to walk on uneven ground
LOCATION:	Moraira
DURATION:	2 hrs approx
RESERVATIONS:	Minimum 12 hours before the excursion
CANCELLATIONS:	See Cancellation Policy below

INFORMATION

This is a short walk on mixed terrain so you must have a basic fitness ability and be comfortable walking/climbing on rocks. We will be practicing Yoga on uneven ground and will adapt postures accordingly. You do not need to have practiced Yoga before.

INCLUDED

Qualified Guide/Yoga Instructor

Brunch

Activity Insurance

Drinking Water

RECOMENDATIONS

Comfortable exercise clothing or loose-fitting clothing that you can easily move in.

Hiking shoes/Sturdy trainers (NO flipflops or sandals)

Swimwear/goggles if you wish to stay at the beach after

Phone/camera

Sunscreen

Large Towel and rucksack to carry it (Towel will be used instead of a Yoga mat)

Drinking Water

Sunglasses

IMPORTANT – PLEASE READ

You should arrive at least 15mins before the start time of the excursion.

If you are late for your booking and have not informed us of any problems, we will assume you are not attending and you will therefore forfeit your booking as per cancellation policy below.

You must inform us of any food allergies when booking your activity.

You must inform us of any medical conditions when booking your activity.

CANCELLATION POLICY

Full payment is due upon booking to guarantee your place on each excursion. Places are limited to small numbers and fill up quickly.

In the event that you wish to cancel you will receive the following refunds.

Up to 2 weeks before the activity – 100% refund

Up to 1 week before the activity – 60% refund

Up to 1 day before the activity – 20% refund

On the day of the activity – no refund given